

# Parent Engagement Session (PES)

2026

Secondary 4/5

24 January (Saturday)

# Objectives



- a) Provide parents/guardians with the latest information on Post-Secondary Education options and share about the key considerations for the various options
- b) Inform parents/guardians about the programmes and processes that the school has in place to guide and support graduating students
- c) Strengthen the partnership and communication between parents/guardians and Form Teachers to provide the best possible support for student in his/her journey for the national examinations as well as holistic development

# Programme

Time	Programme	Venue
10:30am – 10:45am	Registration (Please be seated by 10:45am)	
10:45am – 10:50am	Welcome by Assistant Year Head, Secondary 4/5	
10:50am – 11:10am	Opening Address by Principal	Multi-Purpose Hall (Level 2)
11:10am – 11:30am	Sharing by ECG Counsellor on Post-Secondary Pathways	
11:30am – 11:40am	Sharing by Assistant Year Head on Level focus and programmes to support graduating students	
11:40am – 12:30pm	Interaction Time with Form Teachers	Respective classrooms
12:30pm – 1:30pm	Sharing on <ul style="list-style-type: none"><li>▪ Direct School Admission-JC (DSA-JC)</li><li>▪ Early Admission Exercise (EAE-Poly and EAE-ITE)</li></ul>	DSA-JC & EAE-Poly: MPH EAE-ITE: The Buzz

# Sharing by Assistant Year Head

# Recall from PES 2025

PEICAI



# Our Key Focus for Graduating Cohort

- a) Academic consolidation and examination readiness
- b) Time management, stress regulation and student well-being
- c) Informed post-secondary pathways
- d) Building discipline, resilience and self-directed learning habits

# Overview of 2026

- Start Smart 2026
- Parents Engagement Session (24 Jan)
- Structured remedial lessons

JAN



2026 Timetable Semester 1 (wef 7 Jan 2026)

4EE (4-7)

Class teachers: EL GRACE LEE, MT FU HUIHUI C4-02

	Odd	Even
	(1)	(1)
Mon	HUMANITIES	Elective 1: ART/COM/DT/NFS/POA/BIO/PHY
Tue	EL	MT
Wed	MATH	MATH / A MATH
Thu	BIO (TRIPLE SCI) / PURE CHEM / COURSEWORK	SCIENCE / BIO (TRIPLE SCI)

Peicai Secondary School, Singapore

Address - 10 Serangoon Ave 4 S(556094) Tel - 62021260

aSc Timetables Online

# Overview of 2026

- Start Smart 2026
- Parents Engagement Session (24 Jan)
- Structured remedial lessons



**JAN**



**FEB**



**MAR**



**APR**



**MAY**

- WA1 (23 Feb – 6 Mar)

- WA1 (23 Feb – 6 Mar)
- Meet Parents Week
- CCA Appreciation & Stand Down Ceremony



- WA2 (27 Apr – 8 May)
- EL Oral Exam (Prelims)
- MT Intensive & Oral Exams (Prelims)
- **DSA-JC / ITE EAE**

- WA2 (27 Apr – 8 May)
- EL Oral Exam (Prelims)

# Overview of 2026

- 'O' MTL Exams
- June Supplementary Lessons



**STRUCTURED  
REMEDIAL  
LESSONS**

2025 June Supp Lesson (23 - 27 Jun) v2

5B1

Class teacher: MATH SOO SIO KOON C4-01

	(0) 8:00 8:35 AM	(1) 8:35 9:10 AM	(2) 9:10 9:45 AM	(3) 9:45 10:20 AM	(4) 10:20 10:55 AM	(5) 10:55 11:30 AM	(6) 11:30 AM 12:05 PM	(7) 12:05 12:40 PM	8. 12:40 1:15 PM	9. 1:15 1:50 PM
Mon				MATH		RECESS		EL		ELECTIVE 1 BIO/PHY/AM/POA/ART/DT/ NFS
Tue				SC CHEM	SCI PHY / SCI BIO	RECESS	SS			GEO/HIS/LIT
Wed		ELECTIVE 1 BIO/PHY/AM/POA/ART/DT/ NFS		SS	SC CHEM	RECESS	GEO/HIS/LIT	SCI PHY / SCI BIO		
Thu										
Fri		MT	RECESS	EL	MATH					

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# Overview of 2026

- 'O' MTL Exams
- June Supplementary Lessons
- **Poly EAE**

**JUN**

**JUL**

**AUG**

**SEPT**

- Project Homerun
- 'N'/'O' Lvl MT & EL Oral
- 'N' Lvl Prelims



NIGHT STUDY  
PROGRAMME

- Project Homerun
- 'N' Lvl Prelims
- 'O' Lvl Prelims



STRUCTURED  
CONSULTATIONS

- S4/5 Consultations
- 'N' Level
- Grad Night

# Overview of 2026





# School Programmes and Support for Graduating Students

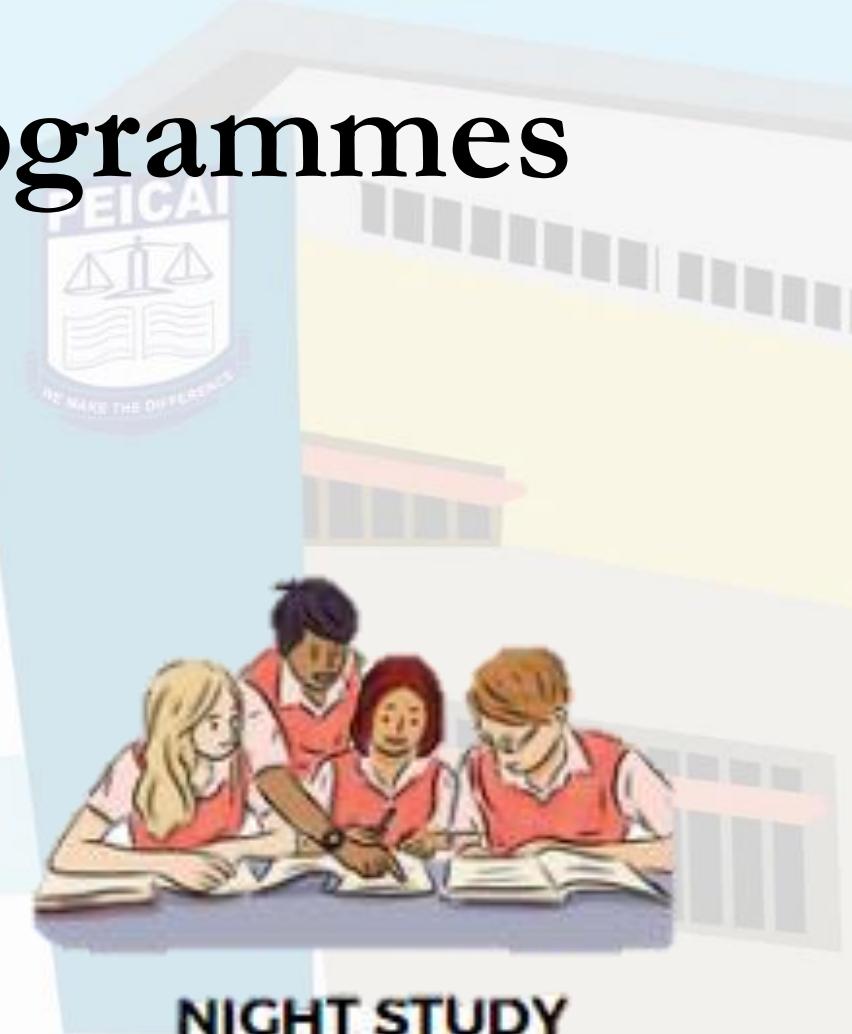
# Academic Support Programmes



**STRUCTURED  
REMEDIAL  
LESSONS**



**STRUCTURED  
CONSULTATIONS**



**NIGHT STUDY  
PROGRAMME**

# Non-Academic Programmes

## ECG Related

- ECG Talks
- ECG Counselling
- DSA-JC, Poly EAE, ITE EAE workshops on preparing for write-up and interviews, etc



## Level Programmes

- 'Peak Performance' Workshop
- CCA Appreciation and Stand Down Day
- Graduation Night/ Ceremony



# Managing Time & Stress Effectively

# Physical & Mental Habits

- Sleep
- Exercise
- Nutrition
- Relaxation



# Time Management

- Pomodoro Technique
- Eisenhower Matrix
- Time Blocking
- ‘No Tech’ Blocks
- Weekly Scheduling

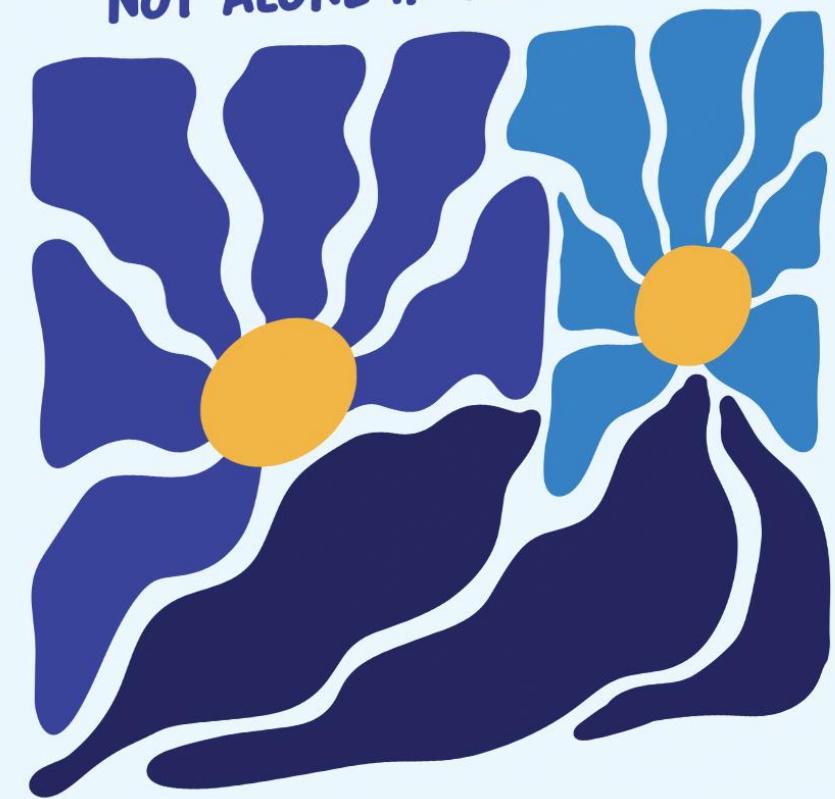
## The Eisenhower Decision Matrix



***“Preparation  
gives you confidence.  
Confidence  
gives you freedom.”***



PLEASE REMEMBER YOU'RE  
NOT ALONE IN THIS JOURNEY.



I'M HERE FOR YOU.

# Contact

Support Staff	Designation	Email
Peicai Secondary School	-	<a href="mailto:peicai_ss@moe.edu.sg">peicai_ss@moe.edu.sg</a>
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Ms Tan Yi Ling	Education and Career Guidance Counsellor	<a href="mailto:tan_yi_ling_c@moe.edu.sg">tan_yi_ling_c@moe.edu.sg</a>

# Thank You

